















FRESHVIEW

Peeled Sprouts | 484 | 5kg Nduja | 33090 | 500g

NDUJA FRIED SPROUTS

600g brussels sprouts 2 tbsp olive oil 75g 'nduja, crumbled a squeeze lemon juice

STEP 1

- 1. Remove any dirty and tough outer leaves from the sprouts, trim the bottoms slightly and then cut in half through the bases.
- 2. Bring a large pan of lightly salted water to the boil and have a large bowl of iced water to hand. Blanch the sprouts for 2 minutes or until just tender when squeezed.
- 3. Drain, then tip into the iced water.
- 4. Chill for 15 minutes until completely cold, then drain again. This can be done the day before and then kept in the fridge until ready to use.

STEP 2

- 1. Heat the olive oil in a large frying pan and add the sprouts.
- 2. Fry over a high heat for 10 minutes until the sprouts are golden and crisp.
- 3. Stir in the 'nduja and cook for 5 minutes, tossing, until the sprouts are well coated.
- 4. Squeeze over the lemon juice to serve.



ESSENTIAL CHUTNEYS & RELISHES FOR YOUR FESTIVE MENU









Spiced Plum Chutney 35041 | 1.3kg



Apple & Cider Brandy Chutney 35040 | 1.3kg

Sticky Fig Relish 35039 | 1.4kg

Rich Redcurrant Jelly 31021 | 1.5kg



ESSENTIAL TERRINES



Chicken, Pancetta & Cranberry Terrine 28489 | 3X500g



Ham Hock & Leek Terrine 28491 | 3X500g











ESSENTIAL DESSERTS FOR YOUR FESTIVE MENU



Frozen Mini Star Topped Mince Pies 23056 | 72x40g

Seasonal Inspirational Recipe

FESTIVE STICKY RED BRAISED CABBAGE

1 Red Cabbage, thinly sliced

1 Cinnamon stick

1 Orange, quartered

250ml Red wine

100ml Red Wine vinegar

100g Cranberry sauce

75g Demerara sugar

- 1. Quarter, core and thinly slice the red cabbage, add to a large saucepan.
- 2. Add the rest of the ingredients to the saucepan.
- 3. Gently bring to a simmer and turn the heat down to the lowest and cover with a lid for 40-50mins.
- 4. Remove the lid and take the orange out, continue to reduce until a sticky consistency.





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Shredded Red Cabbage | 28063 Cinammon Stick | 2301 | 300g Oranges | 1432 | x5 Red Wine Vinegar | 1557 | 5L Cranberry Sauce | 1961 | 2.5kg Demerra Sugar | 1521 | 3kg







Beef Gravy 1317 | 1.5kg

Chicken Gravy 990 | 1.5kg

Savoury Gravy 2525 | 1.5kg

Premier Veal Jus 2023 | 1kg

Signature Red Wine Jus 2026 | 1ltr

Signature Beef Jus 2025 | 1ltr

Creme Anglaise 5075 | 1ltr

Signature Hollandaise Sauce 2024 | 1ltr



Our passion. Your creation.



Freshview are offering all our customers the following delivery service during the festive season

December

Monday 18th

Tuesday 19th

Wednesday 20th

Thursday 21st

Friday 22nd

Saturday 23rd

Sunday 24th

Wednesday 27th

Thursday 28th

Friday 29th

Saturday 30th

January

Tuesday 2nd

Usual service returns thereafter.

FRESHVIEW

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