

Produce Update

New Season News





Root Vegetables

UK Carrots, Parsnins & Leeks

UK Carrots, Parsnips & Leeks still available! Superb quality & price!



The short Blood Orange season will soon end - so don't miss out!





Curty Kale

Locally sourced Red & Green Curly Kale available! Great quality & price!

End of Season News



Cranberries

Fresh Cranberries are not usually available after Christmas, however we still have Frozen available!



The English Quince season has now finished until October





Sprouts

Peeled Sprouts have now ended but we will continue to stock 9kg nets for a short time during January.

Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality. A great seasonal, hardy vegetable.	MED
Cabbage Red/White	UK-English	Red & White Cabbage is now at its best, very competitively priced.	MED
Cabbage Savoy	UK-English	We're now into the main crop of English Savoy. This means you will now be getting a darker cabbage rather than the lighter cabbage seen at the beginning of the season.	MED
Cabbage Spring/Tundra	UK-English	We still have plenty of Spring Cabbage coming through. We have now moved from Summer Cabbage to Tundra.	MED
Carrots	UK- English	We're now well into the English season. No concerns in quality.	MED
Cauliflower	UK-English/French	We're now into the Winter cauliflower season, supply is ok currently. Please be aware that severe weather conditions may effect availability, so we may occasionally have to source French instead as a substitute.	MED
Chantenay Carrots	UK-English	We're now supplying English chantenay carrots, which are back to their normal bite size variety. We're now also supplying rainbow chantenay carrots.	MED
Curly Kale	UK-Local	We're picking up red & green curly kale locally from Cuttleford Farm, quality is great.	MED
Leeks	UK-English	English leeks are now available, brilliant quality.	MED
Onions, Red	UK-English/Dutch	We're mostly using Dutch varieties of red onions at the moment. English varieties are being used when possible.	MED
Pak Choi	UK-Lancashire	Great quality pak choi from our Southport grower.	MED
Parsnips	UK-English	We're now supplying English parsnips. Always popular in Winter.	LOW
Parsnips, Piccolo	UK-English	English Piccolo Parsnips are now available.	MED
Potatoes	UK- Cheshire	We're primarily supplying Wilja varieties, with occasional Maris Pipers. Our prepared potato varieties are Arcade, Deva & Daisy (Chipping). There is no problem with shelf life, as most potatoes will be in store now.	MED
Potatoes Jackets	UK -Cheshire	We're using new season potatoes with a set skin. Excellent quality.	MED
Potatoes Mids	UK-English	We are now using an English Maris Peer variety sourced from Norfolk.	MED
Sprouts	UK-English	English Sprouts in stock! Superb quality, very popular for Winter menus!	LOW







Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	Peruvian	We're now progressing into the main Peruvian season, no problems with availability.	MED
Aubergines	Spanish	We're now using Spanish varieties.	MED
Baby Vegetables	South African	Carrots, courgettes, fennel, beetroot, leeks, rainbow carrots & turnips all sensibly priced.	MED
Broccoli	Spanish	We're now using 6kg Spanish Broccoli, great quality.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad.	MED
Courgettes	Spanish	We're currently sourcing our courgettes directly from Spain & we're well into the season so prices are easing.	MED
Fennel	Italian	We are now well into the Italian season, quality excellent, prices stable.	MED
Fine Beans Top & Tailed	Kenyan/Zimbabwean	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. There may be a gap in the Kenyan supply, in which case we'll be using varieties from Zimbabwe.	MED
Mange Tout	Guatemalan	Supply is ok now as we progress into the Guatemalan season.	HIGH
Medium Onions	Dutch/English	We are now primarily supplying a Dutch variety of medium onion, although English is available occasionally. Skins should now be a better finish.	MED
Onions Large	Spanish	Stock is back to normal now we've entered January, no problems with quality at this time of year.	MED
Round & Banana Shallots	French	Quality has settled as we are well into the French season, sensibly priced at present.	MED
Sugar Snaps	Guatemalan	Availability is reasonable as we progress into the Guatemalan season.	HIGH
Tenderstem Broccoli	Kenyan	No quality or supply concerns.	MED







Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bramley Apples	UK-Kent	We're now well into the English Bramley season.	MED





Fruit

PRODUCT	ORIGIN	COMMENTS	PRICE
Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass avocado- excellent quality. Ask for ripe and ready to eat avocados.	MED
Bananas	Costa Rican	Consistently good quality!	MED
Blackberries	Dutch	We are now mainly using Dutch varieties of Blackberries. You may have noticed the price increase, this will ease as the season progresses.	HIGH
Blueberries	Spanish	Spanish varieties are now available. Quality superb.	MED
Conference Pears	Belgium	Belgian Conference Pears have now arrived, excellent quality.	MED
Easy Peelers	Spanish/Moroccan	We're well into the Spanish season now, we will be switching between Clementines & Satsumas.	MED
Eating Apples	French	Most varieties of apples are now being sourced from France, with Bramley Apples as one of the exceptions.	MED
Figs	Turkish	We're stocking new season Turkish figs. Very reasonable priced & excellent quality. Also available in a handy prepack!	MED
Grapes Green/Red	South African/American	Winter is a commonly tough time for grape supply. We're now into the South African season. Prices will be quite high in comparison to the Spanish & Greek season.	HIGH
Lemons	Spanish	We're currently supplying new season Spanish Lemons, Prima Flora varieties will be replaced by a Verna variety as we move through the season.	MED
Limes	Mexican/Brazilian	Prices should have eased as availability steadily improves.	MED
Mango	Kenyan	Excellent ready to eat available.	MED
Melon	Brazilian	Most melons coming from Brazil at present - no quality concerns.	MED
Oranges	Spanish	We have now moved over to Spanish Oranges. Our variety of large oranges are currently Navels.	MED
Pineapples	Costa Rican	We are supplying the extra sweet variety, we've had no problems keeping up with the demand.	MED
Raspberries	Spanish	We're now supplying Spanish varieties of Raspberries.	MED
Redcurrants	Dutch	Dutch season is now in full flow.	MED
Rhubarb	Dutch	We are currently supplying Dutch forced Rhubarb, prices are still quite high.	HIGH
Strawberries	Egyptian/Spanish	We're currently using 250g Egyptian strawberries as we're nearing the end of the Belgian & Dutch season. There will be a small gap at the beginning of January as we move over to Spanish varieties.	MED







Salad - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Flat Lettuce	UK-Cheshire	Still good quality English Lettuce, although supply may be quite light at the moment. Grown in Cheshire by Roy Halman	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED







Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	Italian	Quality is great, prices have eased.	MED
Celery	Spanish	We're now using Spanish, size & quality has now improved.	MED
Chilli Red & Green	Dutch/Spanish	Dutch red & green chilli's now available, no quality issues.	MED
Cos/Romaine/Little Gem/Iceberg	Spanish	We are currently supplying Spanish varieties of Cos, Romaine, Little Gem & Iceberg.	MED
Cucumber	Spanish	Our Spanish Cucumbers are superb quality and sensibly priced.	MED
Lambs Lettuce	Spanish/Italian	Good quality with a distinctive tangy flavour. Great alternative to watercress. We're now using Spanish & Italian varieties.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	French/Spanish	We're now using French & Spanish varieties, sensibly priced.	MED
Peppers Green/Red/ Orange/Yellow	Spanish/Moroccan	We are currently supplying excellent class 1 Spanish peppers in all colours. Prices are still buoyant & quality is excellent.	MED
Plum Tomato	Spanish	5kg Spanish loose plum tomatoes are now available, great quality.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste, no quality concerns. Our breakfast radish has increased in demand this year!	MED
Rocket	Italian	A great fresh peppery taste! Available in 100g & 500g. Shelf life has improved.	MED
Tomato Cherry Vine	Spanish	Excellent quality at the moment, growing in popularity.	MED
Tomato Heritage	French/Spanish	The English season has now ended so we're using French & Spanish varieties.	MED
Tomato Vine	Spanish	Excellent quality at the moment, we're now using Spanish varieties.	MED







Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	A good alternative to regular mushrooms, becoming more popular.	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price, contact us for details.	MED
Exotic Mushroom	UK - Evesham	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Flat Mushroom	Irish/Polish	Great quality, taste amazing whether stuffed or fried!	MED
Oyster Mushroom	UK - Lancashire	Superb quality, available in 1.5kg punnets.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	MED









Quality Produce for Caterers

