

Produce Update

New Season News





Mixed Squash

New season English Mixed Squash and Pumpkins now in! Superb quality!

Rainbow Chantenay Carrots

New season English Rainbow Chantenay Carrots are now in! Perfect for brightening up your Autumn menus!





Piccolo Parsnips

Excellent quality new season English Piccolo Parsnips are now in!

End of Season News



Courgettes

The English season has ended prematurely whilst the Spanish season hasn't properly started, meaning prices have risen temporarily.

Blackberries

The English season has now ended, we're now supplying South American & Dutch varieties. Prices should ease as their seasons progress.





Fresh Corn on the Cob

Fresh Corn on the Cob is now out of season. However, vac pack Corn on the Cob is still available!

Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality. A great seasonal, hardy vegetable.	MED
Broccoli	UK-English	We're now into the last full month of the UK season, which may strectch into November depending on crops and weather.	MED
Cabbage Red/White	UK-English	Now into the new season crop of red & white cabbage, prices will begin to fall, particularly for red cabbage.	MED
Cabbage Savoy	UK-English	We're into the second cutting of new season English cabbage. This means you will now be getting a darker cabbage rather than the lighter cabbage seen at the beginning of the season.	MED
Cabbage Spring/Summer	UK-English	Great quality spring & summer cabbage at the moment, is being picked up twice a week from our Southport growers.	MED
Carrots	UK- English	We're now well into the English season. No concerns in quality.	MED
Cauliflower	UK-English	English cauliflower is now in full flow. Excellent quality.	MED
Chantenay Carrots	UK-English	We're now supplying English chantenay carrots, which are back to their normal bite size variety. We're now also supplying new season Rainbow Chantenay Carrots.	MED
Curly Kale	UK-Local	We're picking up red & green curly kale locally from Cuttleford Farm, quality is great.	MED
Leeks	UK-English	English leeks are now available, brilliant quality.	MED
Onions, Red	UK-English/Spanish	We're now mostly using English new season red onions, with Spanish occasionally being used as a substitute.	MED
Pak Choi	UK-Lancashire	Great quality pak choi from our Southport grower.	MED
Parsnips	UK-English	We're now supplying English parsnips. Always popular at Autumn.	MED
Parsnips, Piccolo	UK-English	New season English Piccolo Parsnips are now available.	MED
Potatoes	UK- Cheshire	We're primarily supplying Wilja varieties, with occasional Maris Pipers. Shelf life has improved, as has the skin finish. Our prepared potato varieties are Arcade, Deva & Markies (Chipping).	MED
Potatoes Jackets	UK -Cheshire	We're using new season potatoes with a set skin, so there is no need to keep stocks as tight. Excellent quality.	MED
Potatoes Mids	UK-English	We are now using an English Maris Peer variety sourced from Norfolk.	MED
Tenderstem Broccoli	UK-English/Kenyan	No quality concerns and supply is good at present. Plentiful at this time of year as into short English season as well as 12 month Kenyan season.	MED
Sprouts	UK-English	We have new season English Sprouts in stock! Superb quality, great for Autumn & Winter Menu's!	MED







Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	Peruvian	We're now progressing into the main Peruvian season, no problems with availability. Prices should ease as month progresses.	MED
Aubergines	Dutch/Spanish	We're coming to the end of the Dutch season, will soon be replaced by Spanish which may come individually packed.	MED
Baby Vegetables	South African	Carrots, courgettes, fennel, beetroot, leeks, rainbow carrots & turnips all sensibly priced. Please check availability when placing your order.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad.	MED
Courgettes	French/Spanish	The English season has finished early due to a cool & wet season in September. We're now sourcing from France & Spain, so you will notice a price increase.	HIGH
Fennel	Italian	We are now well into the Italian season, quality excellent, prices stable.	MED
Fine Beans Top & Tailed	Kenyan/Zimbabwean	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. There may be a gap in the Kenyan supply, in which case we'll be using varieties from Zimbabwe.	MED
Mange Tout	Kenyan	Prices have eased as we are now well into the Kenyan season, no quality concerns.	MED
Medium Onions	Dutch	We are now primarily supplying a Dutch variety of medium onion, although English is also available. Skins should now be a better finish.	MED
Onions Large	Spanish	Onions should now have a set skin, so stocks do not need to be kept as tight. Please store in a cool, dark & dry environment.	MED
Round & Banana Shallots	French	Quality has settled as we are well into the French season, sensibly priced at present.	MED
Sugar Snaps	Kenyan	Prices have eased as we are now well into the Kenyan season, no quality concerns.	MED







Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bramley Apples	UK-Kent	New season Bramley apples are now available. Other English apples such as as Cox & Russet varieties will be available as we move into Autumn.	MED
Raspberries	UK-Staffordshire/Portuguese	The English season will finish sometime during October, we will then be moving over to Portuguese varieties.	MED
Rhubarb	UK-Cheshire	We are supplying Cheshire outdoor rhubarb, grown by our exotic lettuce grower, Roy Halman, at Woodland Farm in Holmes Chapel. Superb quality. We expect this to end soon and switch back to continental supply.	MED
Strawberries	UK-Staffordshire	We're coming to the end of the English season, although for the last few years Manor Farm have kept us going through November - fingers crossed!	MED











Fruit

PRODUCT	ORIGIN	COMMENTS	PRICE
Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass avocado- excellent quality. Ask for ripe and ready to eat avocados.	MED
Bananas	Costa Rican	Consistently good quality! We find the yellow curved variety to be the most popular!	MED
Blackberries	South American/Dutch	The English season is now sadly over, replaced by the South American & Dutch seasons. You may have noticed the price increase, this will ease as the seasons progress.	HIGH
Blueberries	Polish	The English season has now finished, Polish varieties are now available.	MED
Conference Pears	Belgium	Belgian Conference Pears have now arrived, excellent quality.	MED
Easy Peelers	Spanish	We've just started with the first of the new season Spanish satsuma's, an Okitsu variety. This early satsuma variety will not be a full orange colour & may have tints of green but please don't let this put you off! They're delicious & are brilliant quality!	MED
Eating Apples	French	Most varieties of apples are now being sourced from France, with Bramley Apples as one of the exceptions.	MED
Figs	Turkish	We're stocking new season Turkish figs. Very reasonable priced & excellent quality. Also available in a handy prepack!	MED
Grapes Green/Red	Greek/Italian	October - November are commonly difficult months for grapes, as seasons begin & end. At some point over the next 6 weeks we will move over to South African varieties.	MED
Lemons	South American/Argentinian	We're currently supplying a South American varieties of lemons	MED
Limes	Mexican/Brazilian	Prices should have eased as availability steadily improves.	MED
Mango	Kenyan	Excellent ready to eat available.	MED
Melon	Brazilian/South American	Most melons coming from Brazil at present - no quality concerns.	MED
Oranges	South African	We are now well into the South African season, no concerns with supply or quality. Varieties may alternate between Valencia, Lane Late & Midnights.	MED
Peaches/Nectarines	Spanish	We should get one more month of the Spanish Nectarine & Peach season. Availability & quality may fluctuate towards the end of the month.	MED
Pineapples	Costa Rican	We are supplying the extra sweet variety, we've had no problems keeping up with the demand.	MED
Redcurrants	Dutch	Dutch season is now in full flow.	MED









Salad - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Celery	UK-Evesham/French/ Spanish	We are still supplying English celery from Evesham. Excellent quality. Towards the end on the month we may substitute with new season Spanish or French varieties as the English season draws to a close.	MED
Cos/Romaine/Little Gem/Iceberg	UK-Cheshire/Lancashire/ French/Spanish	We are now well into the English season for all these varieties, superb quality. Spanish or French varieties may be used towards the end of the month as the English season comes to a close.	MED
Flat Lettuce	UK-Cheshire	Still good quality English Lettuce, although supply may be quite light at the moment. Grown in Cheshire by Roy Halman.	MED
Lambs Lettuce	UK- Evesham/French/ Spanish	Good quality with a distinctive tangy flavour. Great alternative to watercress. As the Engligh season draws to a close, Spanish or French varieties may be used as a substitute.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	UK - Cheshire/French/ Spanish	We are supplying superb quality Cheshire grown leaf sourced from our local supplier Roy Halman. Towards the end on the month we may substitute with new season Spanish or French varieties as the English season draws to a close.	MED
Tomato Heritage	UK-English/French	A very popular product! We now have local Cheshire Heritage tomatoes in stock, however we may occasionally send French or Evesham instead as they are proving very popular.	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED







Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	Italian	The weather in Italy has improved so quality is not a problem and prices have eased.	MED
Chilli Red & Green	Dutch/Spanish	We are presently supplying Dutch red & green chilli's.	MED
Cucumber	Dutch/Spanish	Dutch cucumbers are now in, no quality issues, prices are stable at the moment. We may change over to Spanish varieties towards the end of the month.	MED
Peppers Green/Red/ Orange/Yellow	Dutch/Spanish	We are currently supplying excellent class 1 Dutch peppers in all colours. Prices are still buoyant & quality is great. The Dutch season usually ends towards the second to third weeks of November, we will then move over to Spanish produce.	MED
Plum Tomato	Dutch/Spanish	New season, quality is superb, prices easing. We're now entering the last months of the Dutch season, we will then change to Spanish produce.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste, no quality concerns. Our breakfast radish has increased in demand this year!	MED
Rocket	Italian	A great fresh peppery taste! Available in 100g & 500g. The Italian weather has improve, which in turn should improve shelf life. Any problems please do not hesitate to contact us.	MED
Tomato Cherry Vine	Dutch/Spanish	Excellent quality at the moment, the Dutch season is in full swing. We will move over to Spanish produce when the Dutch season ends - usually mid November.	MED
Tomato Vine	Dutch/Spanish	Excellent quality at the moment	MED







Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	A good alternative to regular mushrooms, becoming more popular.	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price, contact us for details.	MED
Exotic Mushroom	UK - Evesham	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Flat Mushroom	Irish/Polish	Great quality, taste amazing whether stuffed or fried!	MED
Oyster Mushroom	UK - Lancashire	Superb quality, available in 1.5kg punnets.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	MED









Quality Produce for Caterers

