



Quality Produce for Caterers



Produce Updates

The highlights ...



New mason English Purple Sprouting Broccoli

The firm favourite has returned! Quality great, prices expected to ease in the coming weeks.



New Hason English Corn on the Cob

The best & freshest available! Perfect summer option for your menus!



New Hason English Damsons

The season is short so make the most of it folks! Quality is superb!

# Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality. A great seasonal, hardy vegetable.	MED
Broccoli	UK-English	We are well into the English season, crops have been good, superb quality & competitively priced.	MED
Cabbage Red/White	UK-English	Now into the new season crop of red & white cabbage, prices will begin to fall, particularly for red cabbage.	MED
Cabbage Savoy	UK-English	We're into the second cutting of new season English cabbage. This means you will now be getting a darker cabbage rather than the lighter cabbage seen at the beginning of the season.	MED
Cabbage Spring/ Summer	UK-English	Great quality spring & summer cabbage at the moment, is being picked up twice a week from our Southport growers.	LOW
Carrots	UK- English	We're now well into the English season. No concerns in quality.	MED
Cauliflower	UK-English/French	English summer cauliflower is now in full flow. Please be aware current cauliflower is not as hardy as the later summer varieties, so please keep stocks tight.	MED
Chantenay Carrots	UK-English	We're now supplying new season English chantenay carrots, which are back to their normal bite size variety.	MED
Courgettes	UK-English	English courgettes are still available, excellent quality.	MED
Curly Kale	UK-Lancashire/Evesham	Red & green curly kale is sourced from Southport & Evesham, quality is great.	MED
Leeks	UK-English	English Leeks are now available, brilliant quality.	MED
Pak Choi	UK-Lancashire	Great quality pak choi from our Southport grower.	MED
Parsnips	UK-English	We're now supplying new season English parsnips.	MED
Potatoes	UK- Cheshire	We are now using new season English potatoes. Shelf life has improved and prices are levelling out.	MED
Potatoes Jackets	UK -Cheshire	Old crop is lasting very well, new season will be available before the end of the month.	MED
Potatoes Mids	UK-English	We are now using a new season English Maris Peer variety sourced from Norfolk.	MED
Tenderstem Broccoli	UK-English/Kenyan	No quality concerns and supply is good at present. Plentiful at this time of year as into short English season as well as 12 month Kenyan season.	MED

# Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	Peruvian	We're now progressing into the main Peruvian season, no problems with availability. Prices should ease as month progresses.	MED
Aubergines	Dutch	We're well into the Dutch season, prices have levelled out.	MED
Baby Vegetables	South African	Carrots, courgettes, fennel, beetroot, leeks, rainbow carrots & turnips all sensibly priced. Please check availability when placing your order.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad.	MED
Fennel	Italian/Dutch	We are now well into the Italian season, there is also new season Dutch available.	MED
Fine Beans Top & Tailed	Kenyan	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenyan	Prices have eased as we are now well into the Kenyan season.	MED
Medium Onions	Dutch	We are now supplying a Dutch variety of medium onion. Please keep your stocks tight as skins are still thin as we progress into August.	MED
Onions Large	Spanish	We are into the new season Spanish, onions are great on day of purchase, but please do not keep more than a day or two as skins are very thin. Please keep stocks tight. Skin finish should improve as soon as we move onto Granex varieties.	MED
Onions Red	Egyptian/Spanish	We are still supplying Egyptian red onions, excellent quality. We should also have new season Spanish onions available as the month progresses.	MED
Round & Banana Shallots	French	Quality has settled as we are well into the French season, sensibly priced at present.	MED
Sugar Snaps	Kenyan	Prices have eased as we are now well into the Kenyan season.	MED

## Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Blackberries	UK-English/Dutch	We are currently using a Prestige Dutch variety, as the month progresses we'll be moving to English which will peak in August.	MED
Blueberries	UK-English/Italian	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb. We are supplying Italian & English varieties	MED
Bramley Apples	UK-Kent	Bramley apples are still being sourced from the UK, but the season is drawing to a close & prices will then rise. There should not be a gap in supply as we cross from old season to new season.	MED
Raspberries	UK-Staffordshire	Raspberries are in their prime right now, we have excellent local raspberries from our 2 suppliers in Staffordshire.	MED
Rhubarb	UK-Cheshire	We are supplying Cheshire outdoor rhubarb, grown by our exotic lettuce grower, Roy Halman, at Woodland Farm in Holmes Chapel. Superb quality.	MED
Strawberries	UK-Staffordshire	We believe in keeping it local, our Strawberries are mostly sourced from two local Staffordshire growers!	MED





#### Fruit

PRODUCT	ORIGIN	COMMENTS	PRICE
Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass avocado- excellent quality. Ask for ripe and ready to eat avocados.	MED
Bananas	Costa Rican	Consistently good quality! We find the yellow curved variety to be the most popular!	MED
Conference Pears	Belgium	Please keep stocks tight as season draws to a close. Will be replaced for approximately 2 weeks by a very similar Triumph pear variety.	MED
Easy Peelers	Peruvian	Our easy peelers are a variety of Clementines. They are eating really well at the moment.	MED
Eating Apples	French/Southern Hemisphere	Almost all French varieties have been replaced by Southern Hemisphere varieties, apart from the last few French Golden Delicious.	MED
Figs	Turkish	We're stocking new season Turkish figs. They may come in a different size & appearance than the Mexican figs we were supplying previously.	MED
Grapes Green	Egyptian/Spanish	Well into the Egyptian season, quality & availibility not a problem at the moment. We should have new season Spanish available by the end of the month.	MED
Grapes Red	Egyptian/Spanish	Well into the Egyptian season, quality & availibility not a problem at the moment. We should have new season Spanish available by the end of the month.	MED
Lemons	South American/Argentinian	We're currently supplying a South American varieties of lemons	MED
Limes	Mexican/Brazilian	Prices have increased due to inclement weather which has affected the crop yield. We expect prices to soften in coming weeks.	HIGH
Mango	Kenyan	Excellent ready to eat available.	MED
Melon	Spanish	All varieties of melon are now sourced from Spain. Prices will drop as the season gets going.	MED
Oranges	South African	We are now well into the South African season, no concerns with supply or quality.	MED
Peaches/Nectarines	Spanish	Into the main season now, very popular stone fruit at this time of year.	MED
Pineapples	Costa Rican	We are supplying the extra sweet variety, we've had no problems keeping up with the demand.	MED
Redcurrants	Dutch	Dutch season is now in full flow, prices should be decreasing as month progresses.	MED

#### Salad - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Celery	UK-Evesham	We are still supplying English celery from Evesham. Excellent quality.	MED
Cos/Romaine/Little Gem/Iceberg	UK-Cheshire/Lancashire	We are now well into the English season for all these varieties, superb quality.	MED
Flat Lettuce	UK-Cheshire	Still good quality English Lettuce, although supply may be quite light at the moment. Grown in Cheshire by Roy Halman.	MED
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to watercress.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	UK - Cheshire	We are supplying superb quality Cheshire grown leaf sourced from our local supplier Roy Halman.	MED
Tomato Heritage	UK-English/French	A very popular product! We now have local Cheshire Heritage tomatoes in stock, however we may occasionally send French instead as they are proving very popular.	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED







## Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	Italian	The weather in Italy has improved so quality is not a problem and prices have eased.	MED
Chilli Red & Green	Dutch	We are presently supplying Dutch new season red & green chilli's.	MED
Cucumber	Dutch	Dutch cucumbers are now in, no quality issues, prices are stable at the moment	MED
Peppers Green/Red/ Yellow	Dutch	We are currently supplying excellent class 1 Dutch peppers in all colours. Prices are still buoyant & quality is great.	MED
Plum Tomato	Dutch	New season, quality is superb, prices easing.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste, no quality concerns. Our breakfast radish is increasing in demand this year!	MED
Rocket	Italian	A great fresh peppery taste! Available in 100g & 500g. The Italian weather has improve, which in turn should improve shelf life. Any problems please do not hesitate to contact us.	MED
Tomato Cherry Vine	Dutch	Excellent quality at the moment, the Dutch season is in full swing.	MED
Tomato Vine	Dutch	Excellent quality at the moment	MED







## Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	lrish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	lrish/Polish	A good alternative to regular mushrooms, becoming more popular.	MED
Cup Mushroom	lrish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price, contact us for details.	MED
Exotic Mushroom	UK - Evesham	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Flat Mushroom	lrish/Polish	Great quality, taste amazing whether stuffed or fried!	MED
Oyster Mushroom	UK - Lancashire	Superb quality, available in 1.5kg punnets.	MED
Portobello Mushroom	lrish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	MED









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