

# Produce Updates

### The highlights...



#### Asparagus

Staffordshire Asparagus now in stock, superb quality! It'll only be here until Midsummers Day, June 21st when the season officially ends!



#### Strawberries

Staffordshire Strawberries are due in any day, Belgian are still the best quality at time of publication.



Heritage Tomatoes

Heritage & Cherry Heritage tomatoes are brilliant quality, & are sourced from the UK! Just in time for British Tomato Week 22nd - 28th May!



Lollo Biondi, Rosso & Oakleaf

We're now supplying excellent quality Cheshire Lollo Biondi, Rosso, Oakleaf & Flat Lettuce!

## Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	UK-English	The first of the new season English asparagus is now available. As usual for the time of year prices are high, will soften as we progress through May.	MED
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality. A great seasonal, hardy vegetable.	MED
Cabbage Red/White	UK-English	Prices are stable as we are well into the English season, and quality is great.	LOW
Cabbage Spring	UK-English	Superb new season spring cabbage is now available.	LOW
Carrots	UK- English	Quality and price is excellent! We will soon be moving over to strawed carrots. There will then be a short break of English carrots for 5-6 weeks, during which we'll be supplying Spanish, French & Portuguese varieties, we'll keep you updated.	MED
Cauliflower	UK-English/French	Quality is good, but head size is varied due to weather conditions. We are also supplying French as an alternative, prices have eased.	MED
Chantenay Carrots	UK-English	This English crop is now readily available. Quality great and good value at present.	LOW
Curly Kale	UK-Lancashire/Evesham	Red & green curly kale is sourced from Southport & Evesham, quality is great.	LOW
Leeks	UK-English	English leeks are being sourced by our Lincolnshire supplier, no concerns with quality at present and price is superb!	LOW
Pak Choi	UK-Lancashire	Great quality pak choi from our Southport grower. Picked up daily from our grower in Southport, great quality!	MED
Parsnips	UK-English	English parsnips are still proving popular, quality is great! UK Season will finish in the next couple of months, we will then move to Spanish and prices will rise.	LOW
Potatoes	UK- Cheshire	At present we are using Markies for Chips & Roasts, and Wilja & Harmony varieties for everything else. Prices are a little high, we won't see any decrease until new crop potatoes come out in August - September.	HIGH
Potatoes Jackets	UK -Cheshire	Quality is good although prices are high due to a shortage of Large Potatoes. Prices will continue to rise until new season starts in August - September.	HIGH







## Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Aubergines	Dutch	Prices have dropped now the new season Dutch aubergines have started.	MED
Baby Vegetables	South African	Carrots, courgettes, fennel, beetroot, leeks, rainbow carrots & turnips all sensibly priced. Please check availability when placing your order.	MED
Broccoli	Spanish	Spain has experiences some wet weather, quality has not suffered but prices have moved. English crop not too far away!	MED
Cabbage Savoy	Spanish	Quality is ok, however prices are very high, UK sample not available until July when prices will come down.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad.	LOW
Courgette	Spanish	Quality is excellent and prices are easing. UK season is days away, a great value product.	LOW
Fennel	Italian	We are now well into the Italian season, prices have stabilised and we are expecting it to ease in the coming weeks.	MED
Fine Beans Top & Tailed	Kenyan	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenyan	Prices have risen due to Guatemalan season finishing.	HIGH
Medium Onions	Dutch	We are now supplying a Dutch variety of Medium Onion.	MED
Onions Large	Spanish	The Spanish season will soon be ending, although there will be cold stored availablem, but a price increase is to be expected. Chilean varieties will also be available.	MED
Onions Red	Dutch	At the moment we are supplying a Dutch variety, there are no quality issues despite being near the end of the Dutch season.	MED
Potatoes Mids	French	We are now supplying a Maris Peer variety of mid potato. They are a great tasting, waxy potato.	MED
Round & Banana Shallots	French	Quality has settled as we are well into the French season, sensibly priced at present.	MED
Sugar Snaps	Kenyan	Prices have risen due to Guatemalan season finishing.	HIGH
Tenderstem Broccoli	Kenyan	A more affordable option to purple sprouting, no quality concerns and supply is good at present.	MED









### Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bramley Apples	UK	Bramley apples are still being sourced from the UK, but the season is drawing to a close & prices will then rise	LOW
Rhubarb	UK	We are supplying Cheshire outdoor rhubarb, grown by our exotic lettuce grower, Roy Halman, at Woodland Farm in Holmes Chapel. Superb quality.	MED
Strawberries	UK/Belgian	We are currently supplying Belgian Strawberries but Staffordshire Strawberries should be around from mid May.	MED







### Fruit

PRODUCT	ORIGIN	COMMENTS	PRICE
Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass avocado- excellent quality. Ask for ripe and ready to eat avocados.	MED
Bananas	Costa Rican	Consistently good quality! We find the yellow curved variety to be the most popular!	MED
Blackberries	Mexican	We are using new season Mexican blackberries, prices are high for the short term.	HIGH
Blueberries	Spanish/Portuguese/Chilean	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb.	MED
Conference Pears	Belgium	We now have new season Belgium pears in stock, quality is superb.	MED
Easy Peelers	Spanish/Moroccan	Our easy peelers are a variety of Nadorcott. They are eating really well at the moment.	MED
Eating Apples	French	We are now using new season French apples. Golden Delicious, Granny Smith, Braeburn, Royal Gala and Pink Lady are eating superb.	MED
Figs	Mexican/Brazilian	We're stocking a Mexican variety which tend to be of a smaller variety. We're also stocking figs in handy packs of 5's.	MED
Grapes Green	South African/Indian	Only a small amount of South African grapes available, we're now supplying mostly Indian. Indian green grapes eat well but are quite a bit smaller.	MED
Grapes Red	South African	We are supplying exclusively South African and quality is exceptional	MED
Lemons	Spanish	The Verna variety of lemon is now being supplied. Prices have risen due to limited stock, usual for the time of year.	MED
Limes	Brazilian/Mexican	As the Mexican season starts, prices will ease.	MED
Mango	Kenyan	Prices have now eased! Excellent ready to eat available.	MED
Melon	Spanish	All varieties of melon are now sourced from Spain. Prices will drop as the season gets going.	MED
Oranges	Spanish/Egyptian	The Spanish season is coming to an end, soon to be followed by Egyptian. Prices will rise as the Spanish season finishes.	MED
Peaches/Necatines	Spanish	New season peaches & nectarines available. Prices are expensive but will drop throughout the month.	MED
Pineapples	Costa Rican	Prices have increased due to supply issues & inclement weather which is hampening harvest.	HIGH
Raspberries	Spanish/Portuguese	We are now using Spanish or Portuguese raspberries, English crop is not far away.	MED
Redcurrants	Dutch	Currently in quite short supply, excellent quality, prices will ease as we progress into the season.	MED







#### Salad - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Flat Lettuce	UK-Cheshire	Still good quality English Lettuce, although supply may be quite light at the moment. Grown in Cheshire by Roy Halman.	MED
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to watercress.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	UK - Cheshire	We are supplying superb quality Cheshire grown leaf sourced from our local supplier Roy Halman.	MED
Tomato Heritage	UK-English	The first of the English crop, quality is exceptional.	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	LOW







### Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	Italian	The weather in Italy has improved so quality is not a problem and prices have eased.	MED
Celery	Spanish	Spanish celery now available, no quality issues, sensibly priced. English is not too far away!	MED
Chilli Red & Green	Spanish	We are presently supplying Spanish new season red & green chilli's.	MED
Cos/Romaine/Little Gem/Iceberg	Spanish	We are now stocking Spanish varieties, the weather has improved so prices should begin to ease.	MED
Cucumber	Dutch	New season Dutch cucumbers are now in, no quality issues, prices are easing.	LOW
Peppers Green/Red/ Yellow	Dutch	We are currently supplying class 1 Dutch peppers, as the Spanish season has all but ended. Prices are still buoyant & quality is great.	MED
Plum Tomato	Dutch	New season, quality is superb, prices easing.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste, no quality concerns.	MED
Rocket	Italian	A great fresh peppery taste! Available in 100g & 500g. The Italian weather has improve, which in turn should improve shelf life. Any problems please do not hesitate to contact us.	MED
Tomato Cherry Vine	Dutch	Excellent quality at the moment, first of the new season crop from Holland.	MED
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#### Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	lrish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	A good alternative to regular mushrooms, becoming more popular.	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price, contact us for details.	MED
Exotic Mushroom	UK - Evesham	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Flat Mushroom	Irish/Polish	Large and medium available and now graded. Both stuffed or fried taste amazing.	MED
Oyster Mushroom	UK - Lancashire	Superb quality, available in 1.5kg punnets.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	MED









# Quality Produce for Caterers

