

Market Report

November 2016



Quality Produce for Caterers



November Round-Up...



Aubergines

The Dutch season has now ended, so we are now supplying a Spanish variety of Aubergine.



Piccolo Parsnips

New season, excellent quality English crop, a great seasonal addition to your menu.



Sprouts

New season Sprouts have arrived from our growers, peeled sprouts arriving soon too! Quality great.



Pomegranates

Pomegranates are now being sourced from Spain. A great source of many vitamins, and tasty too!



Satsumas

New season Spanish Okitsu Satsumas are now in stock! The South American season is now all but over for all citrus fruits now, the main source is Spain.



Rainbow Chantenay Carrots

New season crop, sensibly priced, guaranteed to lift any plate of food with their vibrant colours and taste!

Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality as we progress into Autumn.	MED
Cabbage Red	UK-Lincolnshire	Prices are stable as we are well into the English season.	LOW
Cabbage Savoy	UK-English	As Summer & Savoy Cabbage will soon be ending, they then will be replaced by Tundra.	LOW
Cabbage Spring	UK-Lancashire	In the latter weeks of the English Spring Cabbage season, but quality is still good.	LOW
Carrots	UK- English	We are now using English sourced Carrots and quality is excellent!	MED
Cauliflower	UK-English/French	Produce is now being sourced from our Lincolnshire grower, French will be used as an alternative if needed.	MED
Chantenay Carrots	UK-English	This English crop is now readily available. Quality great and good value at present.	MED
Curly Kale	UK-Cheshire/Evesham	Produce is sourced from Cuttleford Farm. Red Kale is slightly pale in appearance at the beginning of the season.	MED
Leeks	UK-English	English leeks are being sourced by our Lincolnshire supplier and are never better than they are now!	MED
Medium Onion	UK-English	English sourced Onions are now in stock.	MED
Pak Choi	UK-Lancashire	Great quality Pak Choi from our Southport grower. Perfect for Stir frys! Great value too.	MED
Parsnips	UK-English	English Parsnips are becoming more popular as we progress into the winter months and prices have now eased.	LOW
Potatoes Mids	UK- English	We are well into the English season now, no quality concerns.	MED
Potatoes New Season	UK- Cheshire	Quality great as the new season is becoming more well established. A word of caution, reports from our growers is that: yield is lower than expected which may put prices under pressure in the coming months.	MED
Sprouts	UK- Southport	Southport sourced Sprouts are now in stock. Sprout Stalks and peeled, prepared sprouts due in shortly.	MED

Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	South American/Mexico	Peruvian crop is great quality and still proving popular, stock also coming from Mexico.	MED
Aubergines	Spanish	The Dutch season has now finished, so produce is being sourced entirely from Spain.	MED
Baby Vegetables	South African	Carrots, Courgettes, Fennel, Beetroot, Leeks, Rainbow Carrots & Turnips all sensibly priced. Please check availability when placing your order.	MED
Broccoli	Spanish	The English season has drawn to a close, being replaced by Spanish 6kg boxes of Broccoli.	LOW
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad. No quality or supply concerns.	MED
Courgette	Spanish	New season Spanish courgettes now in stock.	MED
Fennel	Italian	A fantastic addition to just about any salad. Growing in popularity! We are now well into the Italian season.	MED
Fine Beans Top & Tailed	Kenyan	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenyan	Prices seem stable at the moment, quality is good.	MED
Onions (large)	Spanish	The Spanish season is now in full flow so prices are dropping. Skin is now more set, which in turn should improve shelf life.	LOW
Red Onions	Dutch	We are now well into the Dutch season and quality is excellent.	MED
Round & Banana Shallots	French	Quality has settled as we are well into the French season.	MED
Sugar Snaps	Guatemala	Prices seem stable at the moment, quality is good.	MED
Tenderstem Broccoli	Kenyan	Growing in popularity! A lovely tender taste when steamed for just a few minutes.	MED

Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bramley/Cox/ Spartan Apples	UK	Apples are collected from Windsor Farm in Tarporley, and are of outstanding quality.	MED
Mixed Squash	UK	Although October is now over, English sourced Mixed Squash is still available!	MED
Pumpkins	UK - Evesham	Although Halloween is now over, Pumpkins are still available.	MED
Strawberries	UK/Dutch	Staffordshire Strawberries are coming to an end within the next week. From November 7th we will instead be supplying Dutch 500g punnets, which will be more expensive to begin with.	MED
Raspberries	UK	Great Staffordshire Raspberries at the moment, however the season is fast approaching its end.	MED



Fruit

PRODUCT	ORIGIN	COMMENTS	PRICE
Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass Avocado- excellent quality. Ask for Ripe and Ready to Eat Avocados.	MED
Banana	Costa Rica	Consistently good quality! Now available in handy 1kg bubble wrapped packs.	MED
Blackberries	Dutch	We are now using Dutch Blackberries	MED
Blueberries	South American	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb.	MED
Conference Pears	Belgium	We now have new season Belgium Pears in stock, the quality is superb and prices have eased.	MED
Easy Peelers	Spanish	New season Spanish satsumas now in. We're using Okitsu, an early variety of the new season Spanish satsumas.	MED
Eating Apples	French	We are now using new season French Apples. Golden Delicious, Granny Smith, Braeburn, Royal Gala and Pink Lady are eating superb.	MED
Figs	Turkish/Greek	Figs have a tricky month ahead, as quality and availability may fluctuate.	MED
Grapefruit Pink & White	South African	Tart and tangy with an underlying sweetness.	MED
Green Grape	Peruvian	New season Peruvian now in stock, prices will be quite high at beginning of the season.	HIGH
Lemons	Spanish	The Verna variety of lemon is now being supplied.	MED
Limes	Mexican	New season Mexican now in, prices have eased slightly.	MED
Mango	Kenyan	Prices have now eased! Excellent ready to eat available.	MED
Melon	Brazilian	All varieties of Melon are now sourced from Brazil.	MED
Oranges	Spanish	New season Spanish oranges available, will be more plentiful as season progresses.	MED
Red Grapes	Spanish	Spanish now in stock. Prices have fallen as we're well into the season.	MED
Redcurrants	Dutch	Excellent quality, prices have eased as we progress into the new season.	MED
Rhubarb	Dutch	We are now using new season forced Rhubarb, as the English season has finished.	LOW

Salad & Mushrooms - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	UK- Lancashire	Great quality for salad mixes and excellent for dressing gourmet food.	MED
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Celery	UK- English	English is now available, sourced from Gorehill farm.	MED
Cos/Romaine	UK-Cheshire/Spanish	On many salad items, the English season is ending, but will soon be replaced by Spanish varieties.	MED
Flat Lettuce	UK-Cheshire	Great quality English Lettuce now coming from our Cheshire supplier Roy Halman.	LOW
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to Watercress.	MED
Little Gem	UK-Lancashire/Spanish	The English season has nearly finished, and will then be replaced by Spanish.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	UK- Cheshire/French	By the end of November we will be using French varieties, as the English season draws to a close.	MED
Exotic Mushroom	UK	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Oyster Mushroom	UK- Lancashire	Superb quality, available in 1.5kg punnets.	MED
Rocket	UK/Italian	A great fresh peppery taste! Available in 100g, 500g, currently at its best!	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED

Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Chilli Red & Green	Dutch	Green Chillies are plentiful however Red Chillies have suffered a price increase.	MED
Cucumber	Spanish	New season Spanish cucumbers are now in.	MED
Iceberg	Spanish	The English season has now finished and has been replaced by a Spanish variety of Iceberg.	MED
Peppers Green/Red/ Yellow	Spanish	Mostly Spanish new season peppers. Class 1 and better value class 2 available.	MED
Plum Tomato	Spanish	The Dutch season has now ended, being replaced by Spanish 6kg loose boxes.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste.	MED
Spring Onion	Mexican	Quality is excellent, value great. English available on request.	MED
Tomato Cherry Vine	Spanish	Excellent quality at the moment, growing in popularity all the time.	MED
Tomato Heritage	French	We are now using French Heritage Tomatoes which come in a 3.5kg box.	MED
Tomato Vine	Spanish	At their best right now, super value.	MED



Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	Great addition to your menu as they have that earthy flavour that everybody loves!	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price contact us for prices.	MED
Flat Mushroom	Irish/Polish	Large and Medium available and now graded. Both stuffed or fried taste amazing.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	LOW







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