

# Market Report

December 2016

Quality Produce for Caterers





# December Round-Up...



*Curly Kale*

English sourced Green & Red Curly Kale, great quality and price.



*Piccolo Parsnips*

New season, excellent quality English crop, a great seasonal addition to your menu.



*Sprouts*

New season Sprouts have arrived from our growers! We now also have Peeled Sprouts in stock! Quality great.



*Pomegranates*

Pomegranates are now being sourced from Spain. A great source of many vitamins, and tasty too!



*Satsumas*

Spanish Satsumas are now in stock!



*Rainbow Chantenay Carrots*

New season crop, sensibly priced, guaranteed to lift any plate of food with their vibrant colours and taste!

# Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality as we progress into the festive season	MED
Cabbage Red	UK	Prices are stable as we are well into the English season.	LOW
Cabbage Summer	UK-English	As Summer Cabbage will soon be ending, it then will be replaced by Tundra.	HIGH
Carrots	UK- English	We are now using English sourced Carrots and quality is excellent!	MED
Cauliflower	UK-English/French	Produce is now being sourced from our Lincolnshire grower, French will be used as an alternative if needed. Prices are currently high due to the availability of English Cauliflower & the high price of the French. Head size is unpredictable due to weather at present.	HIGH
Chantenay Carrots	UK-English	This English crop is now readily available. Quality great and good value at present.	MED
Curly Kale	UK-Cheshire/Evesham	Produce is sourced from Cuttleford Farm. Red Kale is slightly pale in appearance at the beginning of the season.	MED
Leeks	UK-English	English leeks are being sourced by our Lincolnshire supplier and are never better than they are now!	MED
Medium Onion	UK-English	English sourced Onions are now in stock. They are smaller and sweeter than the Spanish.	MED
Pak Choi	UK-Lancashire	Great quality Pak Choi from our Southport grower.	MED
Parsnips	UK-English	English Parsnips are very popular at this time of year, prices have now eased. Quality great.	LOW
Potatoes Mids	UK- English	We are well into the English season now, no quality concerns.	MED
Potatoes	UK- Cheshire	At the moment we are using Victoria and Wilja varieties. Prices have now eased.	MED
Red Onions	UK/Spanish	The Dutch season is ending, we are now stocking English & Spanish Red Onions.	MED
Sprouts	UK- Southport/Lincolnshire	Southport & Lincolnshire sourced Sprouts are now in stock. Peeled Sprouts are now in stock and available, please give notice if you require a large order.	MED

\*\*Please check out our new website for details of our Christmas Hours of Business\*\*

# Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	South American/Mexico	Peruvian crop is great quality and still proving popular, stock also coming from Mexico.	MED
Aubergines	Spanish	The Dutch season has now finished, so produce is being sourced entirely from Spain.	MED
Baby Vegetables	South African	Carrots, Courgettes, Fennel, Beetroot, Leeks, Rainbow Carrots & Turnips all sensibly priced. Please check availability when placing your order.	MED
Broccoli	Spanish	We are now stocking 6kg Spanish Broccoli.	LOW
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad. No quality or supply concerns.	MED
Courgette	Spanish	Spanish courgettes now in stock.	MED
Fennel	Italian	A fantastic addition to just about any salad. Growing in popularity! We are now well into the Italian season.	MED
Fine Beans Top & Tailed	Kenyan	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenyan	Prices seem stable at the moment, quality is good.	MED
Onions (large)	Spanish	The Spanish season is now in full flow so prices are easing.	LOW
Round & Banana Shallots	French	Quality has settled as we are well into the French season.	MED
Sugar Snaps	Guatemala	Prices seem stable at the moment, quality is good.	MED
Tenderstem Broccoli	Kenyan	Growing in popularity! A lovely tender taste when steamed for just a few minutes.	MED

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# Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bramley/Cox/ Spartan Apples	UK	Great variety and quality of English fruit available.	MED
Mixed Squash	UK	English sourced Mixed Squash is still available for a short while longer!	MED
Pumpkins	UK - Evesham	Although Christmas is nearly here, Pumpkins are still available.	MED



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# Fruit

PRODUCT	ORIGIN	COMMENTS	PRICE
Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass Avocado- excellent quality. Ask for Ripe and Ready to Eat Avocados.	MED
Banana	Costa Rica	Consistently good quality! Now available in handy 1kg bubble wrapped packs.	MED
Blackberries	Dutch/Mexican	We are now using Dutch and Mexican Blackberries	MED
Blueberries	South American	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb.	MED
Conference Pears	Belgium	We now have new season Belgium Pears in stock, the quality is superb and prices have eased.	MED
Easy Peelers	Spanish	Spanish satsumas now in stock.	MED
Eating Apples	French	We are now using new season French Apples. Golden Delicious, Granny Smith, Braeburn, Royal Gala and Pink Lady are eating superb.	MED
Figs	Brazilian	The Turkish and Greek season has now finished. Instead we're stock Mexican which tended to be of a smaller variety.	MED
Green Grape	Brazilian	New season Brazilian, which will be followed by South African varieties.	HIGH
Lemons	Spanish	The Verna variety of lemon is now being supplied.	MED
Limes	Mexican	New season Mexican now in, prices have eased slightly.	MED
Mango	Kenyan	Prices have now eased! Excellent ready to eat available.	MED
Melon	Spanish	All varieties of Melon are now sourced from Spain.	MED
Oranges	Spanish	New season Spanish oranges available, will be more plentiful as season progresses.	MED
Raspberries	Spanish/Portegeuse	We are now using Spanish Raspberries as the English season has finished.	HIGH
Red Grapes	Brazilian	We are stocking new season Brazilian Red Grapes.	MED
Redcurrants	Dutch	Excellent quality, prices have eased as we progress into the new season. A very popular product during the Christmas Period.	MED
Rhubarb	Dutch	Due to high prices and availability issues, we are currently not stocking Rhubarb.	HIGH
Strawberries	Egyptian/Spanish	We are using new season 250g Egyptian Strawberries. Small amount of Spanish strawberries will also be available during December.	MED

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# Salad & Mushrooms - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Flat Lettuce	UK-Cheshire	Great quality English Lettuce now coming from our Cheshire supplier Roy Halman.	MED
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to Watercress.	MED
Exotic Mushroom	UK	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Oyster Mushroom	UK- Lancashire	Superb quality, available in 1.5kg punnets.	MED
Rocket	UK/Italian	A great fresh peppery taste! Available in 100g, 500g, currently at its best!	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED



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# Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	Italian	We are now using Italian Baby Leaf. Great quality for salad mixes and excellent for dressing gourmet food.	MED
Celery	Spanish	New season Spanish Celery now available	MED
Chilli Red & Green	Dutch	Green Chillies are plentiful however Red Chillies have suffered a price increase.	MED
Cos/Romaine/Little Gem/Iceberg	Spanish	The English season has ended, we are now stocking Spanish varieties	MED
Cucumber	Spanish	New season Spanish cucumbers are now in.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	French	We are now using French varieties.	HIGH
Peppers Green/Red/Yellow	Spanish	Mostly Spanish new season peppers. Class 1 and better value class 2 available.	MED
Plum Tomato	Spanish	The Dutch season has now ended, being replaced by Spanish 6kg loose boxes.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste.	MED
Tomato Cherry Vine	Spanish	Excellent quality at the moment, growing in popularity all the time.	MED
Tomato Heritage	French	We are now using French Heritage Tomatoes which come in a 3.5kg box.	MED
Tomato Vine	Spanish	At their best right now, super value.	MED



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# Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	Great addition to your menu as they have that earthy flavour that everybody loves!	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price contact us for prices.	MED
Flat Mushroom	Irish/Polish	Large and Medium available and now graded. Both stuffed or fried taste amazing.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	MED



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*Quality Produce for Caterers*

QUALITY  
FRESH  
PRODUCE


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