

# Market Report

October 2016

Quality Produce for Caterers





# October Round-Up...



*Pumpkins*

New season Pumpkins are now in stock in a variety of sizes. Order early to avoid shortages in supply as Halloween approaches.



*Piccolo Parsnips*

New season, excellent quality English crop, a great seasonal addition to your menu.



*Sprouts*

New season Sprouts have arrived from our growers, peeled sprouts arriving soon too! Quality great.



*Mixed Squash*

An Autumn favourite! A welcome addition to any menu for October. Order today for delivery 72 hours ahead.



*Satsumas*

New season Spanish Okitsu Satsumas are now in stock! The South American season is now all but over for all citrus fruits now, the main source is Spain.



*Rainbow Chantenay Carrots*

New season crop, sensibly priced, guaranteed to lift any plate of food with their vibrant colours and taste!

# Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm favourite and it is still of superb quality as we progress into Autumn.	MED
Broccoli	UK- English/Spanish	It's the last few weeks of the English season so will soon be using the new season Spanish produce which will be in 6kg cases.	MED
Cabbage Red	UK-Lincolnshire	Prices are stable as we are well into the English season.	LOW
Cabbage Savoy	UK-English	We are now using English Savoy and quality is superb.	LOW
Cabbage Spring	UK-Lancashire	The English season is in full flow, so Spring Cabbage is plentiful at the moment.	LOW
Carrots	UK- English	We are now using English sourced Carrots and quality is excellent!	MED
Cauliflower	UK-English	Quality and size is superb and good value, the produce is collected from our Southport supplier 3 times a week.	MED
Chantenay Carrots	UK-English	This English crop is now readily available. Quality great and good value at present.	MED
Courgette	UK-English/Spanish/ Moroccan	The English season is coming to an end, and produce will then be sourced from Spain & Morocco. Prices expected to raise soon.	MED
Curly Kale	UK-Cheshire/Evesham	Produce is sourced from Cuttleford Farm. Red Kale is slightly pale in appearance at the beginning of the season.	MED
Leeks	UK-English	English leeks are being sourced by our Southport supplier and are never better than they are now!	MED
Medium Onion	UK-English	English sourced Onions are now in stock.	MED
Pak Choi	UK-Lancashire	Great quality Pak Choi from our Southport grower. Perfect for Stir fries! Great value too.	MED
Parsnips	UK-English	English now available, prices have now eased.	LOW
Potatoes Mids	UK- English	We are well into the English season now, no quality concerns.	MED
Potatoes New Season	UK- Cheshire	At the moment we are using Accord, Victoria and Bard (Ware) varieties. Prices have eased, and skin should now be set so shelf life should improve. We advise to order little and often, and not to store for long periods.	MED
Sprouts	UK- Southport	Southport sourced Sprouts are now in stock. Peeled and prepared sprouts due in shortly.	MED

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# Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	South American/Mexico	Peruvian crop is great quality and still proving popular, stock also coming from Mexico.	MED
Aubergines	Dutch/Spanish	The end of the Dutch season is imminent, however produce will then be sourced from Spain.	MED
Baby Vegetables	South African	Carrots, Courgettes, Fennel, Beetroot, Leeks, Rainbow Carrots & Turnips all sensibly priced. Please check availability when placing your order.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad. No quality or supply concerns.	MED
Fennel	Italian	A fantastic addition to just about any salad. Growing in popularity! We are now well into the Italian season.	MED
Fine Beans Top & Tailed	Kenyan	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenyan	Prices seem stable at the moment, quality is good.	MED
Onions (large)	Spanish	The Spanish season is now in full flow so prices are dropping. Skin is now more set, which in turn should improve shelf life.	LOW
Red Onions	Dutch	We are now well into the Dutch season and quality is excellent.	MED
Round & Banana Shallots	French	Quality has settled as we are well into the French season.	MED
Sugar Snaps	Guatemala	Prices seem stable at the moment, quality is good.	MED
Tenderstem Broccoli	Kenyan	Growing in popularity! A lovely tender taste when steamed for just a few minutes.	MED

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# Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Bramley/Cox/ Spartan Apples	UK	Apples are collected from Windsor Farm in Tarporley, and are of outstanding quality.	MED
Pumpkins	UK - Evesham	New season Pumpkins come in three sizes - Small, Medium or Large and are available throughout October.	MED
Rhubarb	UK- Cheshire	Outdoor Rhubarb available from our Holmes Chapel grower Roy Halman. Sensibly priced, excellent quality.	LOW
Strawberries	UK- Staffordshire/Belgian/ Dutch	Staffordshire Strawberries are coming to an end within the next week. Produce will then be replaced with Belgian/Dutch 500g punnets.	MED
Raspberries	UK	Great Staffordshire Raspberries at the moment!	MED



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Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass Avocado- excellent quality. Ask for Ripe and Ready to Eat Avocados.	MED
Banana	Costa Rica	Consistently good quality! Now available in handy 1kg bubble wrapped packs.	MED
Blackberries	Dutch	We are now using Dutch Blackberries as the English season has now ended.	MED
Blueberries	South American	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb.	MED
Conference Pears	Belgium	We now have new season Belgium Pears in stock, the quality is superb and prices have eased.	MED
Easy Peelers	Spanish	New season Spanish satsumas now in. We're using Okitsu, an early variety of the new season Spanish satsumas.	HIGH
Eating Apples	French	We are now using new season French Apples. Golden Delicious, Granny Smith, Braeburn and Royal Gala are eating superb.	MED
Figs	Turkish/Greek	Figs are proving popular at the moment, and there are always plenty available!	MED
Grapefruit Pink & White	South African	Tart and tangy with an underlying sweetness.	MED
Green Grape	Greek	New season Greek now in stock. Prices will fall as we get into the season.	MED
Lemons	Spanish	The hardier variety of Spanish Lemons will be arriving soon, resulting in an improved shelf life.	MED
Limes	Mexican	New season Mexican now in, prices have eased slightly.	MED
Mango	Kenyan	Prices have now eased! Excellent ready to eat available.	MED
Melon	Brazilian	All varieties of Melon are now sourced from Brazil.	MED
Mixed Squash	German	A welcome addition to any menu for October! Order today for delivery 72 hours ahead.	MED
Oranges	South African/Spanish	The South African season is nearing its end, produce will then be sourced from Spain.	MED
Passion Fruit	Kenyan	Plenty in stock at a good price. They make great jelly or pie fillings.	MED
Plums	Spanish	We are now using Spanish Angelino Plums as the short English season has ended.	MED
Red Grapes	Spanish	Spanish now in stock. Prices have fallen as we're well into the season.	MED
Redcurrants	Dutch	Excellent quality, prices have eased as we progress into the new season.	MED

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# Salad & Mushrooms - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	UK- Lancashire	Great quality for salad mixes and excellent for dressing gourmet food.	MED
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Celery	UK- English	English is now available, sourced from Gorehill farm - the same grower as our Iceberg and Little Gem.	MED
Cos/Romaine	UK-Cheshire	New season Cos now coming from our Cheshire supplier Roy Halman from Woodhall Farm and quality is superb!	MED
Curly Endive	UK- English/French/ Spanish	The English season will soon be ending but will be replaced by French/Spanish varieties.	MED
Flat Lettuce	UK-Cheshire	Great quality English Lettuce now coming from our Cheshire supplier Roy Halman.	LOW
Iceberg	UK-Lancashire/Spanish	We're entering the last few weeks of the English season, will then be moving to Spanish produce.	MED
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to Watercress.	MED
Little Gem	UK-Lancashire	Fresh from our supplier, quantities are plentiful once again, quality excellent.	MED
Lollo Biondi/Lollo Rosso/Oakleaf	UK- Cheshire/French	Our Cheshire supplier Roy Halman had a great season, but soon we will be using French varieties.	MED
Exotic Mushroom	UK	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Oyster Mushroom	UK- Lancashire	Superb quality, available in 1.5kg punnets.	MED
Rocket	UK/Italian	A great fresh peppery taste! Available in 100g, 500g, currently at its best!	MED
Tomato Heritage	UK- Cheshire	Cheshire Heritage Tomatoes very popular and selling well!	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED

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# Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Chilli Red & Green	Dutch	Green Chillies are plentiful however Red Chillies have suffered a price increase.	MED
Cucumber	Spanish	New season Spanish cucumbers are now in, as the Dutch season has come to an end.	MED
Peppers Green/Red/Yellow	Dutch	Class 1 and better value class 2 available. Prices have eased in the past few weeks but are still high. Shortage of class 2 Peppers is expected to continue in the short term.	MED
Plum Vine Tomato	Dutch/Spanish	With the Dutch season soon ending, we will be using Spanish produce in loose 6kg boxes.	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste.	MED
Spring Onion	Mexican	Quality is excellent, value great. English available on request.	MED
Tomato Beef	Dutch/Spanish	Excellent quality, now pre-packing in 4's or available as a 3kg box. As with other salad items, with the Dutch season ending, we will soon be using Spanish sourced produce.	MED
Tomato Cherry Vine	Dutch/Spanish	Excellent quality at the moment, growing in popularity all the time.	MED
Tomato Vine	Dutch/Spanish	At their best right now, super value.	MED



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# Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	Great addition to your menu as they have that earthy flavour that everybody loves!	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price contact us for prices.	MED
Flat Mushroom	Irish/Polish	Large and Medium available and now graded. Both stuffed or fried taste amazing.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	LOW



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*Quality Produce for Caterers & Retailers*


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PRODUCE

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