

Market Report

September 2016

Quality Produce for Caterers



September Round-Up...



Plums...

English Plums are in full flow. The Victoria Plums' season is coming to an end, however Marjorie Seedlings will soon follow.



Stick & Runner Beans...

New season English Stick and Runner Beans now in!

Super quality, great seasonal vegetables.



Loose Corn On The Cob...

Freshly picked English Corn on the Cob, one of the best parts of summer!



English Heritage Tomatoes...

A fantastic assortment of excellent quality and locally sourced English Heritage Tomatoes are still available.

A summer menu essential!



Piccolo Parsnips

The rest of the new season English crop have arrived, quality is superb!




Melons...

Brazilian Melons, sensibly priced!

Delicious at breakfast, lunch, or dinner, nothing beats the taste on a hot summer's day than fresh Melon!

Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm seasonal favourite, superb quality this time of year.	MED
Broad beans	UK- Cheshire	Please be aware that Broad Beans are now out of season.	
Broccoli	UK- English	Broccoli is plentiful as crops are in full flow. Delivered daily from Lancashire.	MED
Cabbage Red	UK-Lincolnshire	Prices have now eased as we have started with the new crop.	MED
Cabbage Savoy	UK-English	We are now using English Savoy, quality is superb.	MED
Cabbage Spring	UK-Lancashire	Season is in full flow, plentiful at the moment.	MED
Cabbage White	UK- Lincolnshire	White coloured, not green anymore!	MED
Carrots	UK- English	We are now using English, quality is very good!	MED
Cauliflower	UK-English	Quality and size superb and good value, picking up from our Southport supplier 3 times a week.	MED
Chantenay Carrots	UK-English	This English crop is now readily available.	MED
Courgette	UK-English	The Courgette season is in full flow, superb quality and good value.	MED
Curly Kale	UK-Cheshire/Evesham	Sourced from new season Cuttleford Farm Red is slightly pale in appearance at the beginning of the season.	MED
Leeks	UK-English	English leeks are being sourced by our Southport supplier.	MED
Pak Choi	UK-Lancashire	Great quality Pak Choi from our Southport grower. Perfect for Stir fries! Great value too.	MED
Parsnips	UK-English	English now available, prices have now eased.	MED
Potatoes Mids	UK- English	We are well into the English season now and shelf life has improved, so don't be afraid to get a little bit in front with your stock.	MED
Potatoes New Season	UK- Cheshire	At the moment we are using Accord, Victoria and Bard (Ware) varieties. Prices will ease in the coming weeks, skin should now be set so shelf life should have improved.	MED

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Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	South American	Peruvian crop is great quality and still proving popular	MED
Aubergines	Dutch	Excellent quality and value, not just for roasting, great addition to a salad too!	MED
Baby Vegetables	South African	Carrots, Courgettes, Fennel, Beetroot, Leeks, Rainbow Carrots & Turnips all sensibly priced. Please check availability when placing your order.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad. No quality or supply concerns.	MED
Fennel	Italian	A fantastic addition to just about any salad. Growing in popularity! The Italian season has now started.	MED
Fine Beans Top & Tailed	Kenyan	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenyan	Prices seem stable at the moment, quality is good.	MED
Medium Onions	English	New season English Onions now in stock.	LOW
Onions (large)	Spanish	We are using new season Spanish onions, prices are dropping. Skin is now more set, which in turn should improve shelf life.	LOW
Red Onions	Dutch	We are now into the Dutch season, quality is excellent.	MED
Round & Banana Shallots	French	After a few quality issues over last few weeks, we are now into the new season French, so quality has improved.	MED
Sugar Snaps	Guatemala	Prices seem stable at the moment, quality is good.	MED
Tenderstem Broccoli	Kenyan	Growing in popularity! A lovely tender taste when steamed for just a few minutes.	MED

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Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Blackberries	UK/Dutch	Coming to the end of the short UK season.	MED
Bramley Apples	UK	Bramley Apples are collected from Windsor Farm in Tarporley, and are of outstanding quality.	MED
Cherries	UK/Canadian	UK sourced Cherries are out of season, Canadian can be sourced however price is high.	HIGH
Plums	UK/Spanish	The English Victoria Plum season is coming to an end, but will be followed by a Marjorie Seedling variety.	MED
Rhubarb	UK- Cheshire	Outdoor Rhubarb available from our Holmes Chapel grower Roy Halman. Sensibly priced, excellent quality.	LOW
Strawberries	UK- Staffordshire	Local Staffordshire Strawberries still available, although one of two suppliers have finished for the season.	MED
Raspberries	UK	Great Staffordshire Raspberries at the moment!	MED



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Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass Avocado- excellent quality. Ask for Ripe and Ready to Eat Avocados.	MED
Banana	Costa Rica	Consistently good quality! Now available in handy 1 kilo bubble wrapped packs.	MED
Blueberries	South American	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb.	MED
Conference Pears	Belgium	We now have new season Belgium Pears in stock, the quality is superb and prices have eased.	MED
Easy Peelers	Peruvian	At the moment we are using Nadorcott/ Mineola. Spanish new season satsumas just around the corner.	HIGH
Eating Apples	French/New Zealand	We are now using new season French Apples. Golden Delicious, Granny Smith and Royal Gala are eating superb.	MED
Figs	Turkish/Brazilian	Availability is now better, stocks have been tight in previous weeks.	MED
Grapefruit Pink & White	South African	Tart and tangy with an underlying sweetness.	MED
Green Grape	Greek	New season Greek now in stock. Prices will fall as we get into the season.	MED
Lemons	Spanish	The hardier variety of Spanish Lemons will be arriving soon, resulting in an improvement of shelf life.	MED
Limes	Mexican	New season Mexican now in, prices have eased slightly.	MED
Mango	Kenyan	Prices have now eased! Excellent ready to eat available.	MED
Melon Cantaloupe/ Galia/Honeydew	Brazilian	New season Brazilian, should be in stock by the end of the week,	MED
Oranges	South African	Quality at its speak, superb value.	MED
Pears	Italian	Packham Pears new season now in stock, 7 kilo boxes now available great for poaching.	MED
Passion Fruit	Kenyan	Plenty in stock at a good price. They make great jelly or pie fillings.	MED
Red Grapes	Spanish	New season Spanish now in stock. Prices will fall as we get into the season.	MED
Redcurrants	Dutch	Excellent quality, prices have eased as we get into the new season.	MED
Watermelon	Brazilian	We are now into the Brazilian new season, quality great. Very popular at the moment!	MED

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Salad & Mushrooms - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	UK- Lancashire	Great quality for salad mixes and excellent for dressing gourmet food. Ideal for your summer salads.	MED
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Celery	UK- English	New season English is now available, sourced from the same grower as our Iceberg and Little Gem, direct from Gorehall Farm.	MED
Cos/Romaine	UK-Cheshire	New season Cos now coming from our Cheshire supplier Roy Halman (Woodhall Farm), quality is superb!	MED
Cucumber	UK/Dutch	Prices have eased after a price jump last month, due to poor weather conditions - particularly in Holland.	MED
Curly Endive	UK- English	Super English crop, a great alternative to the usual French.	MED
Flat Lettuce	UK-Cheshire	Great quality English Lettuce now coming from our Cheshire supplier Roy Halman.	LOW
Iceberg	UK-Lancashire	Picking up from Southport new English Iceberg. Lancashire sourced, this firm favourite is excellent right now.	MED
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to Watercress.	MED
Little Gem	UK-Lancashire	Fresh from our supplier, quantities are plentiful once again, quality excellent.	MED
Lollo Biondi/Lollo Rosso Lettuce	UK- Cheshire	Great news we are now using local supplier Roy Halman, tender yet crisp texture makes these leafs ideal for salads.	MED
Oakleaf Lettuce	UK- Cheshire	Another superb quality lettuce from our Cheshire grower, great value.	MED
Exotic Mushroom	UK	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Oyster Mushroom	UK- Lancashire	Superb quality, available in 1.5kg punnets.	MED
Rocket	UK/Italian	A great fresh peppery taste! Available in 100g, 500g, currently at its best!	MED
Tomato Cherry	UK/Dutch	Superb quality now at their best and tasting brilliant. Excellent quality and price. Yellow Cherry Tomatoes also available.	MED
Tomato Heritage	UK- Cheshire	Cheshire Heritage Tomatoes very popular and selling well!	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED

Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Chilli Red & Green	Dutch	Green Chillies are plentiful however Red Chillies have suffered a price increase.	MED
Peppers Green/Red/ Yellow	Dutch	Class 1 and better value class 2 available. Prices have eased in the past few weeks but are still high. Shortage of class 2 Peppers is expected to continue in the short term.	MED
Plum Vine Tomato	Dutch	New crop Tomatoes tasting excellent and ripe in appearance. A favourite with a lot of chefs!	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste. Fresh bunch Radish now available, always popular in the Summer.	MED
Spring Onion	Mexican	Quality is excellent, value great. English available on request.	MED
Tomato Beef	Dutch	Excellent quality, now pre-packing in 4's or available as a 3kg box.	MED
Tomato Cherry Vine	Dutch	Excellent quality at the moment, growing in popularity all the time.	MED
Tomato Vine	Dutch	At their best right now, super value.	MED



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Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	Great addition to your menu as they have that earthy flavour that everybody loves!	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price contact us for prices.	MED
Flat Mushroom	Irish/Polish	Large and Medium available and now graded. Both stuffed or fried taste amazing.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	LOW



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