

# Market Report

August 2016



Quality Produce for Caterers & Retailers





# August Round-Up...



## Plums...

Expect in the next week the first English Plums, the Opal variety will soon be available! Heron will follow and then move onto Victoria.

These short seasons will follow on from one another.



## Stick & Runner Beans...

New season English Stick and Runner Beans now in!

Super quality, great seasonal vegetables.



## Loose Corn On The Cob...

Freshly picked English Corn on the Cob, one of the best parts of summer!



## Cheshire Heritage Tomatoes...

A fantastic assortment of excellent quality and locally sourced Cheshire Heritage Tomatoes are still available.

A summer menu essential!



## Peaches...

A fantastic summer treat, the Peach season has well and truly arrived!

Quality and taste is at its very best.



## Melons...

Spanish Melons, sensibly priced!

Delicious at breakfast, lunch, or dinner, nothing beats the taste on a hot summer's day than fresh Melon!

# Vegetables - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Beetroot Red, Candy & Golden	UK-English	A firm seasonal favourite, superb quality this time of year.	MED
Broad Beans	UK- Cheshire	A customer favourite! Fresh in from Cuttleford Farm the season is now in full flow, make the most of these this month!	MED
Broccoli	UK- English	Broccoli is plentiful as crops are in full flow. Delivered daily from Lancashire.	MED
Cabbage Red	UK-Lincolnshire	Prices have now eased as we have started with the new crop.	MED
Cabbage Savoy	UK-English	We are now using new season English Savoy, quality is superb.	MED
Cabbage Spring	UK-Lancashire	Season is in full flow, plentiful at the moment.	MED
Cabbage White	UK- Lincolnshire	New season White Cabbage now in stock. May look a little green to begin with until we get into the season.	MED
Carrots	UK- English	We are now using new season English, quality has dramatically improved!	MED
Cauliflower	UK-English	Quality and size superb and super value.	MED
Chantenay Carrots	UK-English	New season English crop has now arrived.	MED
Courgette	UK-English	The Courgette season is in full flow, superb quality and good value.	MED
Curly Kale	UK-Cheshire/Evesham	New crop English, red and green available. Red is slightly pale in appearance at the beginning of the season.	MED
Leeks	UK-English	New season English from Southport available.	MED
Pak Choi	UK-Lancashire	Great quality Pak Choi from our Southport grower. Perfect for Stir fries! Great value too.	MED
Parsnips	UK-English	New season English now available, prices quite high to begin with.	HIGH
Potatoes Mids	UK- English	We are have now started with new season English, Norfolk variety Maris Peer. Please be aware the skin finish will be light at the minute so these will have a short shelf life.	MED
Potatoes New Season	UK- Cheshire	At the moment we are using Accord, Victoria and Bard (Ware) varieties. Prices will ease in the coming weeks, skin should also become more set which will in turn improve shelf life.	MED

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# Vegetables

PRODUCT	ORIGIN	COMMENTS	PRICE
Asparagus	South American	Peruvian crop is great quality and still proving popular even though the English season has now finished.	MED
Aubergines	Dutch	Excellent quality and value, not just for roasting, great addition to a salad too!	MED
Baby Vegetables	South African	Carrots, Courgettes, Fennel, Beetroot, Leeks, Rainbow Carrots & Turnips all sensibly priced. Please check availability when placing your order.	MED
Celeriac	Dutch	Great in soups or stews. Can be roasted, boiled, mashed or raw in salad. No quality or supply concerns.	MED
Fennel	Italian/UK	A fantastic addition to just about any salad. Growing in popularity! The English season should start anytime now.	MED
Fine Beans Top & Tailed	Kenya	Excellent quality and one of our best sellers. Available in boxes of 4 x 500g (best value) or 10 x 150g. Due to the weather condition in Kenya supplies may vary.	MED
Mange Tout	Kenya	Prices seem stable at the moment, quality is good.	MED
Medium Onions	Dutch	Currently Dutch, quality great and super value!	LOW
Onions (large)	Spanish	We are using new season Spanish onions, please be aware they only have a thin skin finish so please keep stocks tight. Prices are dropping!	LOW
Red Onions	Egyptian	We are now into the Egyptian season, quality is excellent.	MED
Round & Banana Shallots	French	Strong but deliciously flavoured. Both still excellent value. For those who only want a kilo at a time we are now netting up for your convenience.	MED
Sugar Snaps	Guatemala	Prices seem stable at the moment, quality is good.	MED
Tenderstem Broccoli	Kenya	Growing in popularity! A lovely tender taste when steamed for just a few minutes.	MED

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# Fruit - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Blackberries	UK/Dutch	The UK season is just around the corner, should be in full flow by mid August.	MED
Bramley Apples	UK- Kent	Bramley Apples still great quality, perfect for crumbles! Prices may has as stocks came from cold store.	MED
Plums	UK/Spanish	We are currently using the Angelino Spanish variety. However English varieties Opal will soon be available!	MED
Rhubarb	UK- Cheshire	Outdoor Rhubarb available from our Holmes Chapel grower Roy Halman. Sensibly priced, excellent quality.	LOW
Strawberries	UK- Staffordshire	Local Staffordshire Strawberries now in full flow and reaching the peak of perfection!	MED
Raspberries	UK	Great Staffordshire Raspberries at the moment!	MED
Blueberries	UK/Italian	A forgotten hero! Super versatile berry that is classed as a superfood, quality superb.	MED



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Avocado	Israeli/Kenyan	Very popular at the moment, we are stocking Hass Avocado- excellent quality. Ask for Ripe and Ready to Eat Avocados.	MED
Banana	Costa Rica	Consistently good quality! Now available in handy 1 kilo bubble wrapped packs.	MED
Conference Pears	Belgium	We are coming to the end of the season therefore they may be a few quality issues. We should have new season Triumph before the end of August.	MED
Easy Peelers	Peruvian	At the moment we are using Clementines.	HIGH
Eating Apples	South African/New Zealand	Golden Delicious, Granny Smith and Royal Gala are eating superb. All out of temperature controlled storage.	MED
Figs	Turkish/Brazilian	Availability is now better, stocks have been tight in previous weeks.	MED
Grapefruit Pink & White	Cyprus	Tart and tangy with an underlying sweetness.	MED
Green Grape	Spanish	New season Spanish now in stock. Prices will fall as we get into the season.	MED
Lemons	Spanish/South American	Spanish now in stock, South American available soon! Expect prices to soften.	MED
Limes	Mexican	New season Mexican now in, prices have eased slightly.	MED
Mango	Kenya	Prices have now eased! Excellent ready to eat available.	MED
Melon Cantaloupe/ Galia/Honeydew	Spanish	New season Spanish, sensibly priced.	MED
Oranges	South African	Quality at its speak, superb value.	MED
Pears	South African	Packham Pears new season now in stock, 12 kilo boxes now available great for poaching.	MED
Passion Fruit	Kenya	Plenty in stock at a good price. They make great jelly or pie fillings.	MED
Red Grapes	Spanish	New season Spanish now in stock. Prices will fall as we get into the season.	MED
Redcurrants	Dutch	Excellent quality, prices have eased as we get into the new season.	MED
Watermelon	Spanish	We are now into the Spanish new season, quality great. Very popular at the moment!	MED

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# Salad & Mushrooms - UK

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Leaf	UK- Lancashire	Great quality for salad mixes and excellent for dressing gourmet food. Ideal for your summer salads.	MED
Bryans Salad Leafy	UK- Lancashire	Leafy available in both 110g & 500g. Bryans Salads are all packed and grown within a one mile radius of the Lancashire suppliers site.	MED
Celery	UK- English	New season English is now available, sourced from the same grower as our Iceberg and Little Gem, direct from Gorehall Farm.	MED
Cos/Romaine	UK-Cheshire	New season Cos now coming from our Cheshire supplier Roy Halman (Woodhall Farm), quality is superb!	MED
Cucumber	UK/Dutch	We are now into the Dutch and English season.	MED
Curly Endive	UK- English	Super English crop, a great alternative to the usual French.	MED
Flat Lettuce	UK-Cheshire	Great quality English Lettuce now coming from our Cheshire supplier Roy Halman.	LOW
Iceberg	UK-Lancashire	Picking up from Southport new English Iceberg. Lancashire sourced, this firm favourite is excellent right now.	MED
Lambs Lettuce	UK- Evesham	Good quality with a distinctive tangy flavour. Great alternative to Watercress.	MED
Little Gem	UK-Lancashire	Fresh from our supplier, quantities are plentiful once again, quality excellent.	MED
Lollo Biondi/Lollo Rosso Lettuce	UK- Cheshire	Great news we are now using local supplier Roy Halman, tender yet crisp texture makes these leafs ideal for salads.	MED
Oakleaf Lettuce	UK- Cheshire	Another superb quality lettuce from our Cheshire grower, great value.	MED
Exotic Mushroom	UK	We have daily deliveries from our Evesham supplier. Excellent mix with 6 different types of mushroom, hugely popular, superb quality.	MED
Oyster Mushroom	UK- Lancashire	Superb quality, available in 1.5kg punnets.	MED
Rocket	UK/Italian	A great fresh peppery taste! Available in 100g, 500g, currently at its best!	MED
Tomato Cherry	UK/Dutch	Superb quality now at their best and tasting brilliant. Excellent quality and price. Yellow Cherry Tomatoes also available.	MED
Tomato Heritage	UK- Cheshire	Cheshire Heritage Tomatoes very popular and selling well!	MED
Watercress	UK- Lancashire	Excellent quality, sold in punnets or bags. These are currently being supplied by our Southport grower Duerdon Brothers.	MED

# Salads

PRODUCT	ORIGIN	COMMENTS	PRICE
Chilli Red & Green	Dutch	Green Chillies are plentiful however Red Chillies have suffered a price increase.	MED
Peppers Green/Red/Yellow	Dutch	Class 1 and better value class 2 available. Prices have eased in the past few weeks but are still high. Shortage of class 2 Peppers is expected to continue in the short term.	MED
Plum Vine Tomato	Dutch	New crop Tomatoes tasting excellent and ripe in appearance. A favourite with a lot of chefs!	MED
Radish	Dutch	Very popular with an inviting hot but sweet taste. Fresh bunch Radish now available, always popular in the Summer.	MED
Spring Onion	Mexican	Quality is excellent, value great. English available on request.	MED
Tomato Beef	Dutch	Excellent quality, now pre-packing in 4's or available as a 3kg box.	MED
Tomato Cherry Vine	Dutch	Excellent quality at the moment, growing in popularity all the time.	MED
Tomato Vine	Dutch	At their best right now, super value.	MED



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# Mushrooms

PRODUCT	ORIGIN	COMMENTS	PRICE
Baby Button Mushroom	Irish/Dutch/Polish	Good quality. Please specify baby when placing your order.	MED
Chestnut Mushroom	Irish/Polish	Great addition to your menu as they have that earthy flavour that everybody loves!	MED
Cup Mushroom	Irish/Dutch/Polish	Fresh deliveries every day. Class 2 available at a lower price contact us for prices.	MED
Flat Mushroom	Irish/Polish	Large and Medium available and now graded. Both stuffed or fried taste amazing.	MED
Portobello Mushroom	Irish/Polish	Great quality and now graded for consistency in size, these are becoming more and more popular.	LOW



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*Quality Produce for Caterers & Retailers*

QUALITY  
FRESH  
PRODUCE


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